



MISSION

"Strengthening Communities by Building Strong Families"

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PROGRAMS

Youth Shelters
Programs for youth in crisis

Counseling
Services for troubled youth and
their families

Prevention
Educating the community,
focusing on substance abuse,
and reducing juvenile crime with
a focus on high-risk youth

November 3, 2017

Dear Community Partner:

We are pleased to share with you a copy of the CDS Family & Behavioral Health Services, Inc. 2017 Annual Report.

In the Fiscal Year ending June 30, 2017 of the 462 youth who received services in our residential program, Interface Youth shelter, 99% were not arrested while working with our staff and 97% completed our shelter program.

In our non-residential program, Family Action, 96% of youth served successfully completed services.

Prevention Services provided evidenced based programs to 2,020 youth whose average pre-test score was 55% and average post-test score was 82%.

Last year in our Independent Living program, 90 youth and young adults received support and guidance from our counselors, six of which graduated from high school or attained their GED and two who earned college degrees.

We are proud that our last Stakeholders survey revealed that 100% of those responding answered Strongly Agree or Agree to the following statement:
"CDS has a good working relationship with our organization."

We are so fortunate to have a dedicated and committed board, and on behalf of our Directors we extend our gratitude to staff, community partners and volunteers for their ongoing support of the CDS mission:

Strengthening Communities by Building Strong Families.

If I may be of service to you, please contact me at 352-244-0628 or email jim_pearce@cdfsfl.org, or Tommy Lane at tlane@marketech.us.

Sincerely,

Jim Pearce
CEO

Tommy Lane
Board President



CDS Family & Behavioral Health Services, Inc.

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Major support from: State of Florida, Department of Juvenile Justice; Florida Network of Youth & Family Services, Inc.; State of Florida, Department of Children & Families; LSF Health Systems; Partnership for Strong Families; U.S. Department of Health & Human Services; United Way of North Central Florida; United Way of Suwannee Valley; Individual Contributions

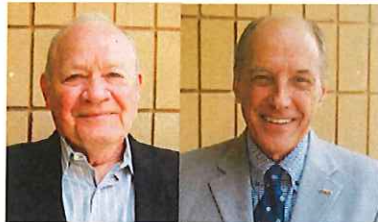


2017 ANNUAL REPORT

November 3, 2017

Honor & Privilege

In June 2017 CDS Family & Behavioral Health Services marked 47 years of service. In spite of the increasingly complex and challenging needs of those we serve, our mission and commitment has remained consistent and steadfast. CDS remains family oriented, prevention focused and committed to community partnerships. These have been our priorities and will remain as we move forward.



Jim Pearce CEO	H. Thomas Lane, Jr. Board President
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We are so proud of our staff who everyday provide assistance, guidance and hope to families and youth in our shelters, community programs and prevention services. Today CDS staff are confronted daily with a wide range of needs as presented by children, teenagers, young adults and parents. Our goal is both simple and complex. It may be simply to ensure

that youth are in a safe environment or as complex as creating a plan to address the diverse factors which brought youth or families to our door. This requires employees who have the skills to navigate a variety of issues but also possess a level of caring and concern which fosters trust and confidence. CDS is fortunate to have such dedicated service staff. We are also advantaged to have similarly dedicated and devoted staff at our management level. We are especially proud of the longevity recognition of one such management staff, Cassandra Evans-McCray by the Florida Network of Youth and Family Services. Likewise, the Florida Network recognized a long time CDS board member, Dr. Richard Mankin, at its annual meeting in June 2017.

Strong staff requires the support and leadership of a dedicated board plus loyal and committed community partners. CDS is fortunate to have such support. Nonprofit organizations must have supportive community partners in order to adequately serve community needs. We honor our partners and thank them for standing side by side with us throughout this past year.

The CDS Board is working hard to re-build the Gainesville Interface youth shelter. The current shelter has served the community well for nearly thirty years but it is time to move forward with a modern facility to better accommodate safety and youth programming opportunities. Please join us in this effort to raise funds to re-build this community resource.

We look to the future with great optimism and will always approach the serving of families and youth as both an honor and a high privilege.

Tommy Lane, CDS Board President & Jim Pearce, CDS CEO.

2017 Highlights

989 youth were served through Family Action Counseling, the Interface Youth Program Shelters, and SNAP.

2,214 students completed evidence-based prevention training programs in Alachua & Levy Counties.

10,016 people learned about CDS at outreach events.

77 volunteers contributed a total of **4,244** hours to CDS programs.

CDS Interface Youth Shelter

Interface Youth Shelters are located in Alachua, Putnam and Columbia Counties. Youth ages 10 through 17 that are homeless, runaway, truant or not getting along at home stay at the shelters, usually for 3 to 5 weeks at a time. They participate in a social skills development program and counseling when they are not at school. This is a positive life-changing experience for both youth and their families. It's nice to know Interface is there when you need it!

Major Accomplishments

462 youth received residential services at three CDS Interface Youth Shelters (Gainesville, Palatka & Lake City).

97% of youth successfully completed the program. Of those completing surveys, **92% of parents** and **91% of youth** expressed overall satisfaction with the program.

National Safe Place & National Runaway Safeline

CDS Interface Youth Shelters are part of a national network of shelters to help youth throughout the United States. CDS accepts participants through the National Runaway Safeline and National Safe Place programs.

For information about these national networks, go to: www.1800runaway.org and www.nationalsafeplace.org



Safe Place Specialists in Alachua, Putnam and Bradford Counties speak to thousands of children and teens each year about staying safe. They cover age-appropriate topics ranging from staying close to caregivers in a mall to keeping safe from human traffickers through their Safe Place presentations.

“Interface is what we needed. Thank you.” - Parent.



Liz Peak from Ride Solution with Leah Ramsey representing CDS and Safe Place celebrating a new partnership with public transportation in Putnam County.

“A great alternative to helping young adults succeed, and set them on a better path. Thank you for showing them a more productive way to live.” - Community Partner.

A Home Away From Home

“My son has needed to stay with Interface many times. If I were to have to give a rough estimate of the stays that he has had with the Gainesville Interface it would be upwards of 8-10. Due to his mental health issues and Asperger’s, he has been difficult for the staff there to handle at times. There are many things that I am grateful for when I think of all that they have done for my son and I over the years, too many to name. I am most grateful that my son feels safe and that he is cared for greatly at Interface, when he does not care to be with me, he will ask to go to Interface. He knows that the staff will be strict, kind, loving, listen to his concerns, helpful and most of all keep him as safe as he would be at home. To my peace of mind I don’t have to worry about him being in the streets or in an unsafe environment. Thank you Gainesville Interface for all the counsel you have provided to my family.”

CDS Family Action Counseling

CDS offers short-term counseling through Family Action. Local schools continue to partner with CDS by providing office space, telephones and fax lines for our counselors. Family Action seeks to help youth ages 6 to 17 who are truant, running away or experiencing conflicts with their parents. Our goal is to keep families intact by addressing issues of trust and respect, while improving communication in family relationships.

Major Accomplishments

501 youth and families were served.

100% of parents and **98% of youth** completing surveys reported overall satisfaction with service.

96% of youth admitted to counseling successfully completed the program.

“Whatever you are doing, keep doing it! She is doing so much better since starting counseling.”

- Parent.

Outreach

CDS staff want to make sure that those who need our help, receive it. To get the word out that CDS services are available, staff along with the help of volunteers, attend many events speaking with youth and adults each year.



Family Action Case Managers Mary Simmons and Joy Steiner, and SNAP Case Manager Carlos Aguirre enjoying an outreach event!

Never Give Up

“The best thing about Interface East and their program is that the moment I decided I wanted to do something for myself, they were there for me. It’s as if they had forgotten all the times I had screwed up or left the shelter. All of my past mistakes were left aside, and all they wanted to do was uplift the “new” me. During this time, I decided to get my GED. Thanks to the help of the shelter, I was able to pass the exam on my first try. Who knows, maybe one day I will be able to become a Veterinarian. But, until that day comes, I want to continue thanking Interface for their unconditional and never-ending support.”

Major Accomplishments

258 events were attended by CDS staff with the purpose of sharing information about services.

3,463 youth were reached through presentations and events.

6,553 adults were reached through presentations and events.

7,556 bookmarks with information about CDS services, Safe Place, and National Runaway Safeline were distributed.

Volunteering

Did you know that CDS engages dozens of volunteers in its programs? New volunteer training is offered three times each year. Most volunteers help at the CDS Interface Youth Shelters.

But others assist in administrative duties, Safe Place program, and outreach events.

During this past year, **77** volunteers contributed **4,244** hours of service to CDS Family & Behavioral Health Services.

To start the application and training process, please contact Radha Selvester (radha_selvester@cdfsfl.org) (352) 244-0628 x3865.

SNAP—Stop Now And Plan



SNAP® stands for STOP NOW AND PLAN. It is an evidence-based, cognitive-behavioral model powered by the minds at Child Development Institute (CDI).

SNAP® helps troubled children and their parents learn how to effectively manage their emotions and “keep problems small.”

SNAP® is in its third year at CDS. Many parents continue to appreciate being in a group with other parents who are facing similar issues with their children.

The gender-sensitive SNAP® Boys and SNAP® Girls program, is designed for children ages 6 to 11 who are engaging in aggressive, anti-social behavior and/or have been reprimanded by authority figures at school or in the community. Experienced and highly trained staff work with each family to assess challenges and problems and develop an action plan. Children and families participate with the goal of preventing future anti-social behavior and reducing the chances of conflict with family, peers and authority figures.

SNAP® services are completely free to youth and their families! CDS contracts with the Florida Network to access the Department of Juvenile Justice funds to offer SNAP®. In addition SNAP® families are fed meals and snacks at each

SNAP® session. Sibling care and in-county transportation can be provided if needed.

Boys & girls attend gender-specific weekly group sessions for 13 weeks. They learn how to use SNAP® in different situations through engaging activities including discussions, role-playing, and interactive games. A variety of topics, including dealing with angry thoughts and feelings, self-control, problem solving and bullying are addressed. The parent group meets at the same time as the SNAP® Boys/SNAP® Girls groups. Parents learn effective child management and SNAP® strategies. The group also provides parents with an opportunity to make connections with other parents facing similar challenges.

As SNAP® entered its third year this year, it was recognized and featured in an article by the Gainesville Sun and started offering its' very own SNAP® Girls group in September 2017.

Major Accomplishments

26 families served.

100% of families successfully completed the program.

"I heard my daughter and son talk about how they are using SNAP at school." - Parent.

"My son told me: 'Instead of getting mad, I'm going to use my SNAP.'" - Parent.

CDS Independent Living

Major Accomplishments

90 youth and young adults received support and guidance from Independent Living counselors.

6 Independent Living youth graduated from high school or attained their GED.

2 young adults earned college degrees.

The CDS mission in working with youth in the foster care system and throughout their transition to adulthood is to help them realize their goals and full potential as contributing members of the community.

CDS services are built on the relationships that have been established by monthly or more frequent contact with youth by our Independent Living Family Care Counselors.

Youth and young adults are encouraged to:

- Learn and demonstrate the skills needed to establish and work towards the attainment of educational, vocational and employment goals.
- Receive individualized life skill instruction and education, employment training and vocational opportunities that support *their* goals.
- Develop and mature toward responsible adulthood by demonstrating social and daily living skills, household management skills and by learning to be self-sufficient.

Prevention Services



CDS staff (from left to right) Tulasi Estrella Data Systems Analyst, Laura Scott Data Systems Manager, Gwen Love Prevention Coordinator, Tiffani Markham Prevention Specialist and Jonathan Lewis CEO Levy County Prevention Coalition.

Major Accomplishments

Certificate of Excellence for being an **Outstanding Prevention Provider** awarded by Lutheran Services Florida.

194 people were trained on Motivational Interviewing, Adverse Childhood experience and Understanding Addiction.

2,020 students completed evidence based programs in Alachua and Levy Counties.

The **Too Good for Violence Program** expanded to **Bronson** and **Chiefland Elementary Schools**.

Prevention Services continues to raise community awareness of substance abuse issues through its collaboration with anti-drug coalitions in Alachua and Levy Counties. Prevention Services offers evidence based substance abuse and violence prevention programs to elementary and middle school students and training and educational events for youth and adults on substance abuse prevention and other health related topics.

Partnerships with the Alachua County Health and Wellness Coalition and the Levy County Prevention Coalition have provided many resources for county residents.

The Alachua County Health Promotion and Wellness Coalition implemented several environmental strategies to educate the community about the harmful effects of substance abuse and to reduce substance abuse among elementary, middle and high school students.

Through the Coalition's partnership with the Alachua County Sheriff's Office and the Gainesville Police Department over 1,700 students received Know the Law Training and RAD Kids Training. The Coalition received a Community Agency Partner

Program (CAPP) Grant from the Alachua County Board of Commissioners to provide RAD Training to elementary students.

This year the Coalition established an Opioid Task Force to address opioid addiction in Alachua County. Other strategies that were provided by the Coalition were: several Town Hall Meetings, Youth Leadership Training, Mental Health First Aid Training for Adults, Alcohol and Drug Environmental Scans, and the Parents Who Host Campaign.

The Levy County Prevention Coalition remains dedicated to preventing youth substance use and spreading mental health awareness across Levy County.

The Coalition began the year with a January Tri-County Lunch and Learn. The focus of this strategy was to provide Dixie, Gilchrist and Levy County community leaders and professionals with the opportunity to network and receive free training. The trainings held were successful with 194 attendees being trained on Motivational Interviewing, Adverse Childhood Experiences and Understanding Addiction.

The Coalition had success with other strategies as well: Friday Night Done Right with 100 students attending the event; 288 students reached through Know the Law Training; 2 Responsible Vendor Trainings; 12,000 homes reached through the "No One's House" Campaign; and the Coalition continued to assist the Williston Crab Festival Operations conducted by law enforcement.

Two additional notable accomplishments were the procurement of two new funding sources. The Coalition was awarded The Sober Truth on Preventing Underage Drinking Act Grant and the Florida Department of Juvenile Justice's Building Today's Youth Grant. With the increased funding the Coalition has been able to increase capacity and reach youth in new ways.

On March 8, 2017 Prevention Services was awarded a Certificate of Excellence for being an Outstanding Prevention Provider by Lutheran Services Florida. Receiving this award topped the list of our major accomplishments for 2017.

Spotlight On Youth



The 18th *Spotlight on Youth* teen talent show hosted by CDS Family & Behavioral Health Services held this year's performance on April 2, 2017 at the Fine Arts Hall of Santa Fe College.

Spotlight on Youth 2017, had 82 performers in 19 acts. There were dancers, musicians, vocalists, actors, and even individuals spinning POI and doing a flag routine. High School students from Alachua, Levy, and Suwannee County participated. Culinary Arts refreshments were supplied by the members of Girl Scout Troop 733.

CARF

CARF, Commission on Accreditation of Rehabilitation Facilities, is an independent nonprofit that provides accreditation services worldwide at the request of health and human service providers. CARF reviews over 1,000 measures to assure the quality of the services provided by organizations. Providers that meet CARF standards have demonstrated their commitment to being among the best available.

CDS Family & Behavioral Health Services, Inc. applied for CARF for the first time in 2009. The same year, CDS earned the three-year accreditation (longest accreditation by CARF). Currently, CDS is CARF certified until 2018.

Recognition of Longevity

30 years - Randy Burrack, Chief Financial Officer

20 years - Isaiah Harmon, Counselor Case Manager
Jim Pearce, Chief Executive Officer

10 years - Izel Session, Youth Care Worker
Stephanie Williams, Independent Living Supervisor
Stephanie Douglas, Senior Counselor/Case Manager
W.C. Thomas, Youth Care Worker

5 years - Corey Collins, SNAP School Based Lead
Gretchen Strickland, Youth Care Worker



2017 Awards

Staff Achievement Awards

Mary Simmons - Counselor/Case manager
Isaiah Harmon - Counselor/Case manager
Bruce Cox - Administrative Assistant
Leah Ramsey - Outreach/Safeplace Specialist
Linda Ellis - Data Systems Clerk

Volunteer of the Year Award



Shiselle Povedano

Community Partner Awards

Sergeant Clint Dix - Columbia County Sheriff's Office
Cathy Byrd - Titus 2 Partnership, Inc.
Sarah Shrik-Jordan - Partnership for Strong Families
Officer Fallon Thomas - Palatka Police Department
Officer Christy Lowe - Putnam County Sheriff
Kirk Villorente - Lutheran Services Florida

Prevention Services

Certificate of Excellence Award Recognition

<i>Lisa Campbell</i>	<i>Jonathan Lewis</i>
<i>Latisha Geiger</i>	<i>Tiffani Markham</i>
<i>Michael Chandler</i>	<i>Ash'lea Moore</i>
<i>Maxine Latimer</i>	<i>Rose Wilder</i>
<i>Nancy Leech-Gartrell</i>	

2016-2017 Contributors

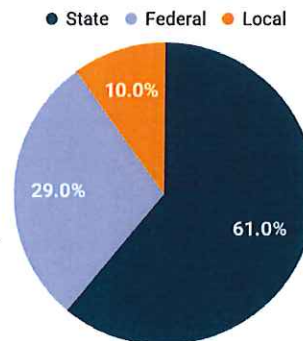
Thank You For Your Support!

Alachua County Sheriff's Office
 Lauren Morelli
 James Moore & Co.
 Dr. Dawn Martin
 Central FL Community Action Agency, Inc.
 Cheers Wine & Spirits
 Cindy & Harvey Rohlwing
 Nina Cameron Dance Center LLC
 Daniel Crapps
 Philip Kabler & Marjorie Baros
 Embers Prime Steaks Wood Grill
 Judy Broward
 Florida Museum of Natural History
 Gainesville Health & Fitness Center
 Harbor Community Bank
 Harvey Goldstein
 Tommy Lane
 Dr. Thomas Stringer
 Tony Barr

Yiider Tseng
 Meera Sitharam
 Meridian Behavioral Healthcare, Inc.
 Johanne Tingue
 Randy Johnson
 Rebecca Hunt
 Richard Mankin
 Robert & Diane Wilford
 Ruth & Hal Smith
 Sidney & Lainey Bertisch
 Skate Station Funworks
 Terrie Mullin
 Tianhui (Cindy) Lie
 Town Tire Auto Service Center
 Williston School of Dance
 Bill Cervone, State Attorney
 Boys' Awning Service
 Concept Companies

Financial Data

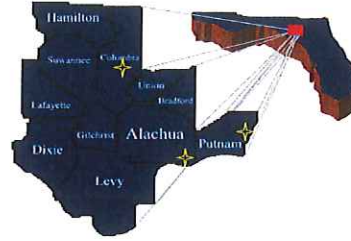
Supports & Revenues	
Grants and Contracts	4,341,866
United Way and other contributions	29,788
Contributed services of volunteers	222,334
Contributed facilities, materials and supplies	158,324
Program Services revenue	1,530
Interest, rental, and other revenue	62,268
Total:	\$4,816,110



Major support by: Florida Department of Juvenile Justice; Florida Network of Youth & Family Services;
 Florida Department of Children & Families; Partnership for Strong Families;
 U.S. Department of Health & Human Services; United Way of North Central Florida; and Individual Donations.

CDS has offices in Gainesville, Lake City, and Palatka and its services cover an eleven county area, including: Alachua, Bradford, Columbia, Dixie, Lafayette, Gilchrist, Hamilton, Suwannee, Levy, Putnam, and Union. CDS is the sole provider of many of its services, such as runaway shelters, in North Central Florida.

An additional three counties are served with the Independent Living Program for youth aging out of foster care: Baker, Madison, and Taylor.



CDS Family & Behavioral Health Services, Inc.
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www.cdsfl.org
(352) 244-0628

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Gainesville, FL 32601

Or Current Resident



"I love this program, it is a comfortable and helpful environment."

2017 Board of Directors

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Agricultural Research Service
USDA

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Robert Page
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