

Way To Go Goal Sheet

SESSION

NAME: _____ DATE: _____

MY GOAL IS: _____

WHAT I NEED TO DO TO REACH MY GOAL: _____

PEOPLE WHO CAN HELP ME REACH MY GOAL: _____

WAYS SNAP CAN HELP ME REACH MY GOAL: _____

STOPS	COOL THOUGHTS	PLANS



1

I could try harder



2



3

I'm on my way



4



5

I did it!

CHILD SIGNS HERE: _____

13

12

11

10

9

8

7

6

5

4

3

2

1