

MISSION

“Strengthening Communities
by Building Strong Families”

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PROGRAMS

Youth Shelters

Programs for youth in crisis

Counseling

Services for troubled youth and
people with substance abuse
and mental health issues

Prevention

Educating the community,
focusing on substance abuse
and high-risk
populations



January 13, 2012

Dear Community Partner:

Enclosed please find a copy of the CDS Family & Behavioral Health Services, Inc. 2011 Annual Report and an invitation to Spotlight on Youth.

In the Fiscal Year ending June 30, 2011 of the youth who received services in our residential program, Interface Youth Program, 100% were not adjudicated while working with our staff and 95.7% completed our shelter program.

In our non-residential program, Family Action 93.2% of youth served successfully completed services.

Last year in our Interface Youth Program, 560 parents and youth completed satisfaction surveys with 92% reporting overall satisfaction with services received. In our Family Action Programs, 100% of 60 parents and 61 youth completing surveys reported overall satisfaction with services.

In our Adolescent Substance Abuse Intervention and Treatment programs 66% of youth served successfully completed the program.

In our Temporary Assistance for Needy Families (TANF) programs, 89% of participants who completed had a successful outcome.

Finally, we are proud that our 2011 Stakeholders survey revealed that 98% of those responding answered Strongly Agree or Agree to the following statement: “CDS has a good working relationship with our organization.”

We are deeply grateful for your support of our efforts to:
Strengthen Communities by Building Strong Families.

If I may be of service to you, do not hesitate to contact me at
352-244-0628 or jim_pearce@cdsfl.org.

Sincerely,

Jim Pearce
CEO



Major support from: State of Florida, Department of Juvenile Justice; Florida Network of Youth & Family Services, Inc.;
State of Florida, Department of Children & Families; Partnership for Strong Families;
U.S. Department of Health & Human Services;
United Way of North Central Florida; United Way of Suwannee Valley; Individual Contributions



2011 ANNUAL REPORT

January 13, 2012

CHALLENGING TIMES AND GENEROUS PEOPLE



Jim Pearce
CEO



H. Thomas Lane, Jr.
Board President

While the economic situation continues to provide challenges throughout most communities, we are struck by the giving spirit of people. The generosity of donations and volunteer efforts constantly amazes us. It is heartwarming to see the optimism of human spirit and the commitment to focus on those in greatest need continues to be a strong priority in our area.

However, budget shortfalls during the past four years have reduced available services for children and families throughout Florida and while these service losses are very detrimental in the short run, their long term domino effect could be even more devastating particularly to our children.

It is our hope that more and more people will resolve to make 2012 the “**Year of the Child.**” Healthy, prepared, and well-adjusted children are a huge asset for any community and we all benefit when children grow into productive contributing adults. Working in concert and collaboration towards this goal would be a wonderful community resolution for the New Year.

Finally, we would like to acknowledge our many service partners, board members and CDS staff who continue to do more with less in their tireless efforts towards *Strengthening Communities by Building Strong Families.*

2011 Highlights:

- 920 youth were served through Family Action and the Interface Youth Programs
- CDS received a **100% rating** in our substance abuse licensure review
- 286 youth & young adults participated in the Independent Living Program
- 726 adults and youth were served through Substance Abuse & Mental Health Programs
- 5,235.75 volunteer hours were contributed to CDS programs

Jim Pearce
Chief Executive Officer

H. Thomas Lane, Jr.
Board President



**Looking Forward to 2012:
Year of the Child!!!**

Interface Youth Shelter

Interface – Residential Services

Thanks to an Emergency Shelter Grant from the Department of Children and Families and support from the Suwannee Valley Community Foundation, Interface N.W. in Lake City was renovated during 2011. Our primary goals in this endeavor were accomplished through a design that increased sensitivity for participant privacy, while still enhancing the level of supervision and security for youth in the facility. The renovation allowed us to reconfigure the use of space in a manner that allows for both male and female day rooms in close proximity to their respective bedrooms and creates a room large enough to develop a life skills/recreation room. Space is now adequate to house computer stations and activities that will encourage youth in decision making, communications, anger management, coping strategies and social development in an environment conducive to learning.



IYP N.W.: New
Under Recreation
Construction Room
2011 ←



New Bedroom

Major Accomplishments in 2011:

- Interface provided residential care to **477** youth with an average length of stay of 19 days
- **94%** of parents and **91%** of youth completing a satisfaction survey at discharge indicated being satisfied with services received
- **100%** of youth remained crime free while participating in services
- Interface N.W. in Lake City completed a renovation project that increased shelter capacity from 10 to 12 beds (see photos)

DJJ Secretary Visits Interface Youth Shelter



Louis Kalivoda, CDS Board Member; Christy Daley, Chief of Staff DJJ; Jim Pearce, CDS CEO; Wansley Walters, Secretary DJJ; Robert Woody, Deputy Secretary DJJ; Jill Bessette, N.E. Lead Probation Officer DJJ; Cassandra Evans-McCray, CDS Regional Coordinator. (Pictured left to right)

On November 10, 2011, Wansley Walters, Secretary for the Florida Department of Juvenile Justice (DJJ) visited CDS Interface Youth Shelter in Gainesville. The focus of the meeting was a powerful and emotional testimony from a parent acknowledging the quality of service, the professionalism, and the unselfish support she received from Interface staff and supervisors when she was a participant at Interface several years ago. According to the parent, this experience was instrumental to her ability to strive for excellence as an adult. She went on to explain in

passionate detail how she had been facing behavioral challenges with her adolescent son which reminded her of the similar struggles she faced as a teenager. She realized that her son was not a bad child, but he was making bad choices. She knew from her own experience that if this self-destructive pattern of behavior continued it would eventually lead to other risky behaviors that would have a negative impact on her son's future and a negative impact for the community.

The "Good News" according to the parent was, "if Interface saved me, surely they could save my son."

As a result, the youth did receive residential services from Interface. The parent was able to confirm that her son's destructive behavioral issues had diminished and he had demonstrated improvement in his school academics and he was actively involved at his Church as a result of the full continuum of residential services they received as a family from Interface. His active participation at their Church was confirmed by DJJ Deputy Secretary Robert Woody who is also a member of the Church.

This testimony by the parent clearly demonstrates the correlation between CINS/FINS services and the Mission Statement for the Florida Department of Juvenile Justice: "To increase public safety by reducing juvenile delinquency through effective prevention, intervention, and treatment services that strengthen families and turn around the lives of troubled youth."

Counseling Programs

Family Action

The Family Action program continues to have a positive impact on youth in North Central Florida. It is a 12 week program that consists of counseling and case management designed to empower families to draw on their unique strengths to address and resolve problems. Counseling is available in our offices, schools, and in the home. Eligible youth are those 6 to 17 who are having trouble following rules, are truant from school, have run away, are threatening to run away, or are homeless.

Families are also provided with referral and resource information in order to help with maintaining their positive changes after services are completed.



Major Accomplishments in 2011

- Family Action served **445** young people and their families
- **84%** of youth served had at least 3 risk factors related to delinquency (school, family, behavior, peers)
- **93%** of youth admitted successfully completed services
- **69%** of youth admitted this year were targeted due to risk factors associated with living in high-crime neighborhoods

Drug Free Communities Program

The Drug Free Communities Program provides substance abuse and mental health counseling and education to teenagers, their families, and adults.

Youth referred by the State Attorney's office or a school are often allowed to participate in the program in lieu of prosecution or as a suspension-reduction alternative for youth in school. Any young person under the age of 18 is eligible for services which can be provided in virtually any setting convenient to the family.

Adult substance abuse evaluation and counseling is offered through a variety of programs designed to address specific needs. Whether we are serving someone with a minimal history of substance use with a minor legal offense or an individual with a significant substance use and/or mental health disorder, our intent is to help participants establish goals that are meaningful to themselves.

In Putnam County, our Children's Substance Abuse Program provides treatment, assessment, and referral services.

Our TANF or Temporary Assistance for Needy Families program provides Mental Health and Substance Abuse counseling to eligible adults and their dependent children residing in Alachua and Putnam Counties. These services are aimed at removing mental health and substance abuse barriers to self-sufficiency. Funded through a State of Florida contract, these TANF services are provided at no cost. Eligibility is based on financial need.



Major Accomplishment in 2011

- Substance abuse services were provided to **496** youth and **181** adults
- TANF Specialists provided counseling and other services to **196** adults and children experiencing economic instability due to substance abuse or mental health issues

***JACOB'S STORY**

Jacob is a 13 year old curly haired energetic young man who was constantly getting in trouble. His parents divorced when he was 11. His mother moved away, but Jacob opted to stay in town with his father, because he loved sports and he was already eyeing the Quarterback spot at his Middle School. Unfortunately, his father was ill equipped to handle the demands of a young teenager. Jacob was often left to his own devices as his father drove a delivery truck and was often required to travel out of town.



Jacob found himself hanging out with other unsupervised young men. Often the ring leader, Jacob and his buddies would frequently smoke pot, skip school and occasionally steal.

One day, he and his buddies ditched class and were smoking in the apartment complex behind their school. Jacob was arrested and offered a program for first time offenders called the Drug Free Communities Program at CDS. He was told that he would have to complete the required counseling and drug tests to have his charges dismissed. Jacob reluctantly agreed.

Initially reserved, Jacob found himself opening up to his counselor who was herself a big football fan. They began talking about his love of football and the leadership skills necessary to be the team's quarterback. He enjoyed their conversations. He found himself motivated enough to stop smoking marijuana and complete the program. He also shared his enthusiasm with his friends. He admitted that if he had never gotten caught, he would not have had counseling and would not have stopped to examine what he really wanted out of life.

**Name & identifying details have been changed.*

Prevention Services



Drug Free Zone

CDS's Prevention Project is active in Partners in Prevention of Substance Abuse in Alachua County (PIPSA) and the Levy County Prevention

Collaborative which will address underage drinking issues with a targeted population of 18 to 20 year old college students in Alachua County.

Levy County Prevention Coalition

CDS supports the Levy County Prevention Coalition by providing staff to assist the coalition in its efforts to complete the Strategic Prevention Framework in Levy County. This will allow the coalition to access funding for the implementation of environmental strategies and programs to address substance abuse issues in Levy County.

This year, **CDS Prevention Project** began offering three evidenced based programs scientifically proven to reduce risk factors and build protective factors in elementary and middle school youth.

Too Good for Drugs/

Too Good for Violence

Prevention staff facilitates the Too Good for Drugs and Violence curriculums for every student at Williston Elementary School. Prevention staff works with 487 students weekly.

Project Success

In August of 2011, CDS implemented Project Success, an evidence based program that provides substance abuse

education for sixth and seventh grade students in a small group setting. The program also allows staff to work with students who have similar life skills and behavioral issues in a small group setting.

Project Success and Too Good for Drugs and Violence are replacing the services that were provided by the Alpha and Beta Programs at Williston Elementary and Williston Middle Schools.

The Prevention Project is proud of its long affiliation with Reichert House where this year we have introduced a Life Skills curriculum to the African American middle and high school males who participate in this supervised after school program.

Major Accomplishment in 2011:

- Through the Collegiate Success Initiative Grant we have added twelve key campus leaders at the University of Florida and Santa Fe College to help facilitate a reduction of under age drinking among students in Alachua County

Coalition and serves as the Fiscal Agent for both Coalitions. Through the use of community-wide needs assessments, public education and resource development, the Coalitions are dedicated to addressing the issues of underage drinking and changing social norms that put young people at risk.

PIPSA

In 2011, PIPSA received a Call to Action mini-grant from the Department of Children & Family Services to continue the implementation of strategies to address Underage Drinking and to provide training opportunities for youth and youth serving organizations. In June of 2011, the PIPSA Coalition was the recipient of the STOP ACT/Collegiate Success Initiative Grant. The Collegiate Success Initiative Grant provides funding for the Coalition to establish a Community/Campus

Independent Living

Independent Living is an array of services that provides youth in foster care and those who have aged out of foster care with much needed skill training, socialization, and educational support. CDS has been providing Independent Living services to youth aged 13 to 18 and young adults aged 18-23 in 14 counties since 2002. Independent Living services include a dedicated counselor/case manager who is accessible to youth to provide assessments, service plans, and individual instruction on skill areas and personal support. All youth receive staffing two times per year to support their educational and career plans and advise them of the benefits available to youth that age out of care. Counselors also assist youth in identifying and maximizing their strengths, and assist them in addressing areas in need of improvement required for them to meet their short term needs and achieve their long term goals.

Major Accomplishments in 2011

- Independent Living services assisted **173** young adults and **113** youth
- Independent Living celebrated **19 high school graduates**
- **2 young adults graduated from college and were accepted into graduate schools!**

Helping Youth Transition

In the last 2 years, The Independent Living Program has been the grateful beneficiary of a partnership with **Temple Shir Shalom** and the **Jewish Women's Council** who have provided furniture, apartment accessories and set ups for our young adults exiting foster care. This year our partnership has expanded to include donations from individual families affiliated with the organizations. This generosity helped to outfit **16 apartments for our youth** transitioning out of foster care!

Spotlight On Youth



Spotlight on Youth is a teen talent show hosted by CDS Family & Behavioral Health Services each spring. The thirteenth annual event will be held on **April 29, 2012 at 2 pm at the Fine Arts Hall at Santa Fe College.**



in their classes. The arts teach critical thinking skills, stress management, and discipline, all of which help create healthier adults and better citizens. *Spotlight on Youth* gives young people a positive alternative to potentially risky behaviors and its performers are positive role models for their peers.

In addition to being a major fundraising event for CDS, *Spotlight on Youth* is a chance for high school musicians, dancers, artists, and poets to show off their talents. In 2011, 89 students performed on stage while 50 students displayed their visual arts creations. 6 poets had their work featured in the *Spotlight on Youth* program. Refreshments were catered by Job Corps culinary arts students.



Studies show that youth who are involved in the arts are less likely to get involved with drugs, alcohol, or violence. They are more likely to stay in school and do better

Supporting *Spotlight on Youth* is a great way to be involved with the CDS mission:

Strengthening Communities by Building Strong Families.

Call (352) 244-0628 x3865 for more information.



Safe Place & Outreach Activities



CDS Family & Behavioral Health Services is part of the national network of youth shelter providers assisting runaway and homeless youth. All Alachua County public schools and libraries, Gainesville Fire Stations, and RTS buses as

well as about 40 businesses, work with CDS as Safe Place partners. Youth with problems can visit any of these locations and staff there will call Interface for assistance. If youth need to go to the shelter for help, CDS Interface staff will make arrangements for transportation.

CDS staff & interns visit classrooms and summer camps to teach children about staying safe and accessing Safe Place services all over the United States. If you are interested in having a Safe Place presentation offered to a group, please contact Radha Selvester at (352) 244-0628 x3865. radha_selvester@cdfsfl.org There is no charge for these age-appropriate presentations and all children receive gifts like Safe Place pencils, stickers, and bookmarks.



Accomplishments in 2011

- CDS attended **210** outreach events connecting with **4302** youth & **5031** adults
- **1447** youth and **1341** adults received information about our local Safe Place program.
- **9161** Runaway cards were distributed

The Runaway cards contain National Safe Place & National Runaway Switchboard information as well as the local CDS Interface numbers for 24/7 assistance. These cards are available at no cost to place at locations frequented by youth. (352) 244-0628



1-800-RUNAWAY

2011 Awards

2011 Community Partner Awards

Alpha Kappa Alpha Sorority, Mu Upsilon Omega Chapter

Chip Webb, Owner Lil Food Ranch Stores, Inc.

Emily Jenkins, North Central Florida Safety Council

Lori Milam, United Vision Program

Randy Kraft & Virginia Brisette, Temple Shir Shalom

Sherry Smith, Guidance Counselor for Horizon Center

2011 Staff Achievement Awards

Debra Pelosi, Counselor/Case Manager, Independent Living

Doris Tillman, Youth Care Worker, IYP N.W.

Evelitza Soto, Youth Care Worker, IYP East

Joe Mattox, House Manager, IYP Central

Michael Bruce, Counselor/Case Manager, SAMH East

Tracie Rogers, Counselor/Case Manager, Drug Free Communities

2011 Longevity Awards

5 years

Dana Jernigan, Youth Care Worker, IYP N.W.

Doris Tillman, Youth Care Worker, IYP N.W.

Edward McCloud, Youth Care Worker, IYP East

Sophia Sterling, Life Skills Educator, IYP Central

Stephanie Douglas, Sr. Counselor / Case Manager, IYP N.W.

Stephanie Williams, Counselor/ Case Mgr., Independent Living

W. C. Thomas, Youth Care Worker, IYP N.W.

2011 Esprit de Corps Winners

Carrie Cordell

Administrative Assistant, IYP East

Karen Bunch,

Youth Care Worker, IYP Central

Nat Willis,

Coalition Assistant, PIPSA Coalition

Oliver Herbert,

Youth Care Worker, IYP Central

Tracie Rogers,

Counselor/Case Manager,

Drug Free Communities

2011 Longevity Awards

20 years

Tracey Ousley, Regional Coordinator, IYP N.W.

25 years

Randy Burrack,

Chief Financial Officer, Administration



Board Member of the Year

Lanard Perry

Assistant Director,
Alachua County Community Support Services

Volunteer of the Year Award

Nicola Barsaleau



Thank You For Your Support !

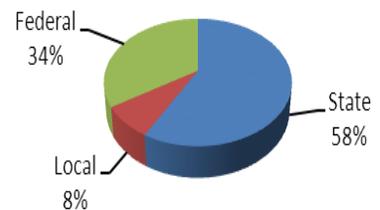
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|--|---|---|
| Alachua Co. Sheriff's Office | Drew Doerr | Lillian Guevara-Castro |
| Alachua Co. Board of County Commissioners | Eileen Roy | Lorrie Kantor |
| Alarion Bank | Eileen Smith | Lynn Niederlitz |
| Alpha Epsilon Delta | Eric Sandberg | Miami Dolphins |
| Alpha Kappa Alpha Sorority Mu Upsilon Omega Chapter | Erica Philman | Michael Bryant |
| Barnes & Noble | Fit for Life Physical Therapy | Michelle & Louis Kessler |
| Beef'O'Brady's | FL Museum of Natural History | Phil Kabler |
| Bryan Smith | Frederick & Karen Gilliam | Randy Kraft |
| Burger King | Gainesville Health & Fitness | Richard & Laura Hauch |
| Busch Gardens | Gainesville Police Department | Richard Mankin |
| Cameron Dancenter | Gainesville Sun | Rick & Janet Clauson |
| Candace Leggett | Good Search | Robert & Diane Wilford |
| Castagna Construction | Harvey & Cindy Rohlwing | Scentsy (Danielle Willett) |
| Catlin & Rodica Martin | Hippodrome Theatre | School Board of Alachua County |
| Central Florida Community Action Agency | Jacksonville Jaguars | Sheila Dickison |
| Chip Webb | James Moore & Co. | Suwannee Valley Community Foundation |
| Ms. Creek | Jim Skiles | Temple Shir Shalom |
| D. & E. Siemann | Joseph & Elaine Abdallah | Virginia Brissette |
| Daniel Crapps | Kenneth & Colleen Rand | Waste Pro |
| Doris Harvey | Kenneth & Irene Kellner | Wild Adventures |
| | Kiwanis Club of Gainesville | William P. Cervone |
| | Leon Polhill | State Attorney |

Financial Data

Supports & Revenues

Grants and Contracts	\$4,059,485.00
United Way and other contributions	116,148.00
Contributed services of volunteers	121,425.00
Contributed facilities, materials and supplies	27,550.00
Program Services revenue	60,683.00
Interest, rental, and other revenue	14,036.00
Total:	\$4,399,327.00

Sources of Income



Major support by: Florida Department of Juvenile Justice; Florida Network of Youth & Family Services; Florida Department of Children & Families; Partnership for Strong Families; U.S. Department of Health & Human Services; United Way of North Central Florida; United Way of Suwannee Valley; and Individual Donations.

2011 Board of Directors

Executive Committee

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Healthcare (Retired)

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Jim Pearce

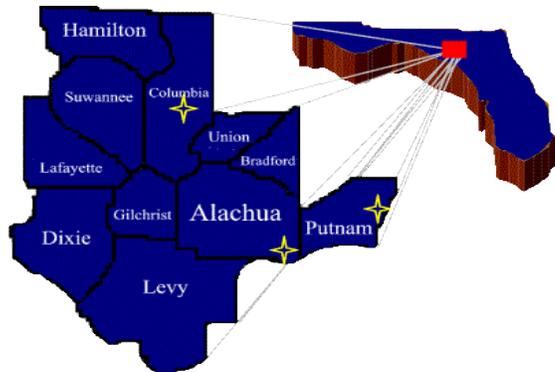
Chief Operations Officer:

Samuel P. Clark

Service Area

CDS has offices in Gainesville, Lake City, and Palatka and its services cover an eleven county area, including: Alachua, Bradford, Columbia, Dixie, Lafayette, Gilchrist, Hamilton, Suwannee, Levy, Putnam, and Union. CDS is the sole provider of many of its services, such as runaway shelters, in North Central Florida.

An additional three counties are served with the Independent Living Program for youth aging out of foster care: Baker, Madison, and Taylor.



www.cdsfl.org

(352) 244-0628

CDS Family & Behavioral
Health Services, Inc.
3615 SW 13th Street, Suite 4
Gainesville, FL 32608

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Or Current Resident