



MISSION
 "Strengthening
 Communities by Building
 Strong Families"

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PROGRAMS

Youth Shelters
 Programs for youth in crisis

Counseling
 Services for troubled youth and
 their families

Prevention
 Educating the community,
 focusing on substance abuse,
 and reducing juvenile crime with
 a focus on high-risk youth

November 9, 2018

Dear Community Partner:

We are pleased to share a copy of the CDS Family & Behavioral Health Services, Inc. 2018 Annual Report.

In the Fiscal Year ending June 30, 2018 of the 422 youth who received services in our residential program, Interface Youth shelter, 99% were not arrested while working with our staff and 99% completed our shelter program.

In our non-residential program, Family Action, 96% of youth served successfully completed services.

In our SNAP (Stop Now and Plan) program 29 families were served with 100% successfully completing the program.

Prevention Services provided the evidence based programs to 3,776 youth whose average pre-test score was 47% and average post-test score was 81%.

Last year in our Independent Living program, 80 youth and young adults received support and guidance from our counselors, four of which graduated from high school or attained their GED and four who earned college degrees.

We are proud that our last Stakeholders survey revealed that 100% of those responding answered Strongly Agree or Agree to the following statement:
 "CDS has a good working relationship with our organization."

We are so fortunate to have a dedicated and committed board, and on behalf of our Directors we extend our gratitude to staff, community partners and volunteers for their ongoing support of the CDS mission:

Strengthening Communities by Building Strong Families.

If we may be of service to you, please contact us at 352-244-0628 or email jim_pearce@cdfsfl.org, or Tommy Lane at tlane@marketech.us.

Sincerely,

Jim Pearce
 CEO

Tommy Lane
 Board President



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Major support from: State of Florida, Department of Juvenile Justice; Florida Network of Youth & Family Services, Inc.; State of Florida, Department of Children & Families; LSF Health Systems; Partnership for Strong Families; U.S. Department of Health & Human Services; United Way of North Central Florida; United Way of Suwannee Valley; Individual Contributions

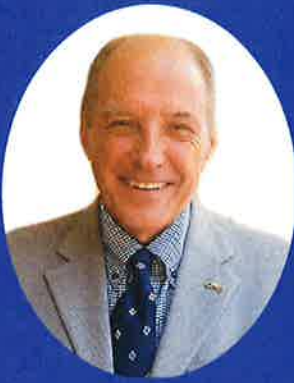
2018 ANNUAL REPORT

**CDS FAMILY & BEHAVIORAL
HEALTH SERVICES**
NOVEMBER 9, 2018



STRENGTHENING COMMUNITIES BY BUILDING STRONG FAMILIES

DIRECTOR'S STATEMENT



TOMMY LANE
Board President



JIM PEARCE
CEO

2018 Highlights

992

youth were served through Family Action Counseling, the Interface Youth Program shelters, and SNAP.

3,776

students completed evidence-based prevention programs in Alachua and Levy Counties.

**485 OUTREACH
EVENTS**

were attended to inform the community about our programs

CDS Family and Behavioral Health Services (CDS) had yet another outstanding year.

Our core mission of "Strengthening Communities by Building Strong Families" continues to be our calling and the focus of all we do. Through our three-pronged emphasis on Youth Shelters, Counseling, and Prevention facilities and programs, CDS extends compassionate professional expertise to people of all ages and circumstances, most often at the point of crisis or vulnerability.

These interactions are so important because they can become life-altering encounters. We often become involved with people in extremes; men, women, and children for whom hope is dim and circumstances seem universally negative. Through our dedicated and highly professional staff, CDS intersects with these lives at the most critical times. CDS always offers hope and renewed opportunity and we are always grounded, not in soothing rhetoric or simply the desire to help, but in vetted and successful programs administered by highly competent staff - all of whom have embraced CDS's mission.

CDS has enjoyed sustained success also because of our outstanding array of Community Partners. We are highly advantaged by this important matrix of community participation, referral, consultation, and commonality of purpose among these partnerships. We wish to salute each of those today.

As we move into 2019, we continue to make progress toward our immediate capital-improvement goal of replacing our Interface Shelter in Gainesville. The existing facility has served beyond its capacity and years and we look forward to building a new shelter on 10 acres of land we are in the final stages of leasing from the State.

Our long-term plans envision additional buildings where we will consolidate all Alachua County CDS Administration and programs, and we hope to be able to offer other partnering entities opportunity to locate on our campus.

CDS continues to be managerially and financially very strong and the Board of Directors wishes to recognize our superb management team. Sustained success CDS has enjoyed does not 'just happen.' This amazing record of achievement is due to our wonderful staff, professional and effective management, and extraordinary community partners.

Thank you to all for contributing so much to CDS's success.

TOMMY LANE
Board President

JIM PEARCE
CEO

CDS INTERFACE YOUTH SHELTER

Interface Youth Shelters are located in Alachua, Putnam, and Columbia Counties. Youth ages 10 through 17 who are experiencing homelessness, runaway, truant, or are not getting along at home stay at the shelters, usually for 3 to 5 weeks at a time. While there, they participate in a social skills development program and counseling while also maintaining their routine of attending school. This is a positive, often life-changing, experience for both youth and their families.



Participant DJ was brought to Interface due to truancy. During our program, he engaged earnestly in counseling and processed the issues contributing to his truancy, specifically his grief due to many recent losses in his family. Because Interface gave DJ a place to feel safe and feel heard, he was able to learn coping skills to manage his feelings and return to school successfully. He modeled these behaviors for the other participants in the program which, in turn, helped them reach their potential.

422 YOUTH

received residential services at three CDS Interface Youth Shelters (Gainesville, Palatka, & Lake City)

99% OF YOUTH

successfully completed the program

99% OF PARENTS & 92% OF YOUTH

who completed surveys expressed overall satisfaction with the program

Participant W was brought to Interface for lying and defiance towards his caregivers. W practiced conflict resolution skills and communication skills, and learned how to engage with his caregivers and resolve issues. He thrives as a leader among his peers, and is exceptional at peer mentoring. His plans are to finish high school then continue to college to become a nurse.

NATIONAL SAFE PLACE & NATIONAL RUNAWAY SAFELINE

CDS Interface Youth Shelters are part of a national network of shelters to help youth throughout the United States. CDS accepts participants through the National Safe Place and National Runaway Safeline programs. For information about these national networks, go to: www.1800runaway.org and www.nationalsafeplace.org



Safe Place Specialists in Alachua, Putnam, and Bradford Counties speak to thousands of children and teens each year about staying safe. They cover age-appropriate topics ranging from staying close to caregivers in a mall to keeping safe from human traffickers through their Safe Place presentations.

541 YOUTH & FAMILIES

were served

96% OF YOUTH

admitted into counseling successfully completed the program

100% OF PARENTS & 98% OF YOUTH

who completed surveys expressed overall satisfaction with service

Participant CP was brought to Interface due to a history of defiance, angry outbursts, disconnection with caregivers, and dishonesty. Through weekly family counseling and support of our Youth Care Workers, CP could address the barriers that prevented him from engaging in safe, healthy behaviors. He stopped by the shelter recently to thank our staff, and let them know he graduated from high school and was enlisting in the military.

485 EVENTS

were attended by CDS staff with the purpose of sharing information about services.

4,353 YOUTH

were reached through presentations and events

7,644

cards and bookmarks with information about CDS services, Safe Place, and National Runaway Safeline were distributed

121

stationary Safe Place sites

115

mobile Safe Place sites

FAMILY ACTION COUNSELING

CDS offers short-term counseling through Family Action. Local schools continue to partner with CDS by providing office space, telephones, and fax lines for our counselors. Family Action seeks to help youth ages 6 to 17 who are truant, running away, or experiencing issues with their parents. Our goal is to keep families intact by addressing issues of trust and respect, while improving communication in family relationships.



OUTREACH

CDS staff want to make sure that those who need our help receive it. To get the word out that CDS services are available, staff, along with the help of volunteers, attend many events speaking with youth and adults each year.



SNAP: "STOP NOW AND PLAN"



SNAP® is an evidence-based, cognitive-behavioral model powered by the minds at Child Development Institute (CDI). SNAP® helps children and their parents learn how to effectively manage their emotions and “keep problems small” through communication, impulse control, and problem-solving. SNAP® is in its fourth year at CDS and has now expanded to serve Lake City, as well, with support from our local partner, Children's Home Society!

The gender-sensitive SNAP® Boys and SNAP® Girls program is designed for children ages 6 to 11 who are engaging in counter-productive behaviors with their families, peers, and teachers. Experienced and highly trained staff work with each family to assess individual challenges and develop an action plan for success. Children and families participate with the goal of preventing future negative behaviors and reducing the chances of conflict with family, peers, and authority figures through proactive and targeted measures.

SNAP® services are completely free to youth and their families! A meal is provided at every session, and transportation and sibling care can be provided, as well, if needed.



INDEPENDENT LIVING

The Independent Living Program works with youth in the foster care system throughout their transition into adulthood by helping them realize their goals and full potential as contributing members of the community.

Our participants build relationships with our Independent Living Counselors through monthly or more frequent contact to facilitate the youth's transition and ultimate success as independent citizens.

Youth and young adults are encouraged to:

- Learn and demonstrate the skills needed to conceptualize and work towards educational, vocational, and employment goals.
- Receive individualized life skill instruction and education, employment training, and vocational opportunities that support their goals.
- Develop and mature toward responsible adulthood by demonstrating social and daily living skills, household management skills, and by learning to be self-sufficient.

29 FAMILIES
served

100%
OF FAMILIES
successfully completed the
program

"SNAP has allowed me, as a parent, and my son to stay calm while in the heat of the moment. he has also been able to remain more positive, even if he is having a hard time at school, or home even. I feel that this has been extremely helpful so far with the change of behaviors I am seeing with my son."

"SNAP is working. My daughter is controlling herself more and being considerate to others."

"What I like about SNAP is that it helps me calm down when I get in bad situations and how to make it smaller."

30 YOUTH &
YOUNG ADULTS

received support and guidance
from Independent Living
counselors

4

Independent Living youth
graduated from high school
or obtained their GED

4

young adults earned college
degrees

"WT had some difficulties during his time in foster care, but he managed to graduate high school. He then started the Plumbing Apprenticeship Program at Santa Fe College in 2017 and successfully completed the program in August 2018. WT then received an internship opportunity in Orlando, FL and has been hired by one of the largest companies in the US. This young man's hard work and diligence has paid off, and we are so proud of him!"

PREVENTION SERVICES

3,776

students completed evidence-based programs in Alachua and Levy counties



CDS has offices in Gainesville, Lake City, and Palatka and its services cover an eleven county area, including: Alachua, Bradford, Columbia, Dixie, Lafayette, Gilchrist, Hamilton, Suwannee, Levy, Putnam, and Union. CDS is the sole provider of many of its services, such as runaway shelters, in North Central Florida.

An additional three counties are served with the Independent Living Program for youth aging out of foster care: Baker, Madison, and Taylor.

SUPPORTS & REVENUES

\$4,341,866

grants and contracts

\$29,788

United Way and other contributions

\$113,336

contributed services of volunteers

\$120,824

contributed facilities, materials, and supplies

\$1,530

program services revenue

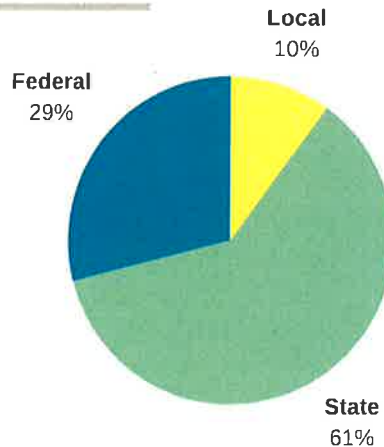
\$95,083

interest, rental, and other revenue

The foundation to the success of Prevention Services's Programs has been collaborative partnerships. For over 35 years, CDS's Prevention Services has had the great fortune of partnering with organizations that are invested in the health and well-being of youth and adults in Alachua and Levy Counties. Our partnerships with the Alachua and Levy County School Boards and the Reichert House Youth Academy allowed us to serve over 3,860 elementary and middle school students last year through the implementation and facilitation of evidenced-based curricula. In addition, Prevention Services has continued its collaborative partnerships with the Alachua County Health Promotion and Wellness Coalition and the Levy County Prevention Coalition. These partnerships provide many community resources for youth and adults in Alachua and Levy Counties.

Our partnership with the Levy County Prevention Coalition has allowed for the expansion of the "Too Good for Drugs" and "Too Good for Violence" programs to schools in Cedar Key and Inglis from a PPG grant. Funding from this grant, written by Project Director of the Levy County Prevention Coalition, Jonathan Lewis, will allow for these services for three years. Meanwhile, The Alachua County Health Promotion and Wellness Coalition continues its focus on the reduction of substance abuse of youth and adults in Alachua County with an expansion into Hawthorne and Newberry to increase awareness and build capacity within those communities.

FINANCIAL DATA



Major support by: Florida Department of Juvenile Justice; Florida Network of Youth & Family Services; Florida Department of Children & Families; Partnership for Strong Families; U.S. Department of Health & Human Services; United Way of North Central Florida; and Individual Donations



Staff Longevity Recognition

20
years

ZEKE WHITTER
Residential Supervisor

5
years

BRIDGET HERLONG
Youth Care Worker

CHARLES JONAS

Youth Care Worker

KEVIN LEE

Youth Care Worker

BRIAN SMITH

Senior Youth Care Worker

NAOMI THOMPSON

Residential Counselor

MELISSA

WOODWORTH

Life Skills Educator

15
years

WANDA

COLLINS-DIXON

Youth Care Worker

BRENDA JORDAN

Youth Care Worker

10
years

ROY ERDMAN
Maintenance Supervisor

ISAIAH HARMON

Family Action Counselor

Esprit de Corps

JOY STEINER
Family Action Counselor

ALEX CULBRETH
Residential Counselor

TRAVIS SCOTT
Residential Counselor

2018 AWARDS

Staff Achievement Awards

TERRIE BRANTLEY
Registered Nurse

JAMES BERGER
Fiscal Clerk

ANGELA ROWDEN
Registered Nurse

EVELITZA SOTO
SNAP Program
Supervisor

SABRIENA WILLIAMS-
EUGENE
Residential Supervisor

Community Partner Awards

CHERYL BEAUCHAMP
Principal
Bronson Elementary School

WILLIAM P. CERVONE
8 Circuit State Attorney

FD TILE & FLOORING SUPPLY

MARK TILE LLC

JOANNE O'NEIL
Putnam County Health
Department

MESHON RAWLS, ESQ.

ED WILTON
Attorney
Department of Juvenile Justice

Distinguished Board Member

LOUIS KALIVODA
Immediate Past President

2017-2018

CONTRIBUTORS

Thank you for your support!

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Linda DeLaney
Blue Crystal Cornucopia

Frank Williams
US Attorney Office



CARF, Commission on Accreditation of Rehabilitation Facilities, is an independent nonprofit that provides accreditation services worldwide. CARF reviews over 1,000 measures to assure the quality of the services provided by organizations. Providers that meet CARF standards have demonstrated their commitment to excellence. CDS is proud to be one such organization.

