**Consent for Small Group Counseling Participation**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_is invited to participate in a Family Action counseling group. (Youth’s Name)

The Group will begin at \_\_\_\_\_\_\_\_\_\_\_\_\_on\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_at\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Time) (Date) (Location)

Most groups meet once a week for 6 to 12 weeks and focus on a variety of topics such as coping skills, effective communication, life skills, healthy decision-making, substance abuse prevention, behavioral issues, and relationship skills.

It is our counselor’s intent to provide a nurturing environment that allows for sharing and collaboration to meet the goals of the group and its members fostering an environment of growth and trust where everyone will feel respected and valued.

We respect everyone's right to privacy and confidentiality and while we are unable to control the behaviors of others as it pertains to confidentiality, we utilize and expect each group member to follow the Group Rules noted below.

**Group Rules**

* **What is said in group stays in group**
* **All group discussion should remain confidential**
* **Group members should communicate and behave in a respectful manner regarding other’s thoughts, emotions and/or behaviors**
* **One person talks at a time**
* **There is no physical contact allowed between members**
* **Members are expected not to be under the influence of drugs and/or alcohol**
* **Participation is encouraged but members have the right to pass**
* **Put-downs are not allowed Put-ups only**

I\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, hereby give consent for my child

(Parent/Guardians Name)

to participate in group counseling provided by the CDS Family Action Program. I have read, understand, and have been offered a copy of this Consent, as well as an Informed Consent and Participant Agreement.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardians Signature Date