FACE: BEHAVIORAL EXPECTATIONS

PARTICIPANT NAME (print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The following Behavioral Expectations have been written so that you will know what is expected of you at each phase of the program.  Remember, at any point in time that you are unclear about what is expected, we encourage you to ask a staff member.

#### ASSESSMENT

1. Read the participant orientation package and become familiar with the information in it.
2. Learn and participate in the daily program and follow the schedule.
3. Demonstrate the skill of self-control by remaining free of verbal and physical outbursts or altercations.
4. Learn and complete your assigned chores.
5. Learn and follow the program rules.
6. Respect the physical space of others by always keeping your hands to yourself.
7. Practice good hygiene by washing your hands after using the restroom, coughing or sneezing, and before meals.
8. Maintain your overall physical appearance as neat and clean
9. Learn and demonstrate the BASIC Curriculum/Social Skills and begin using them in your daily life.
10. Demonstrate the skill of “Asking for Permission.”
11. Role-play each of your four (4) identified Target Skill areas three (3) times a day with staff or other participants (This will be a minimum of 12 role plays each day).
12. I have read and understand the behavioral expectations for me in the Assessment Phase and I am committed to meeting these expectations.

\*Participant Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

### DAILY

1. All behaviors associated with the Assessment System.
2. Practice and use the BASIC Curriculum/Social Skills.
3. Participate appropriately at the scheduled program meetings and activities.
4. Identify feelings associated with anger management and learn strategies to use.
5. Respond to staff by doing what is asked
6. Be responsible for yourself and do not intrude into others conversations and issues.
7. Demonstrate the skill for “How to Accept No for an Answer.”
8. Demonstrate the skill for “How to Problem Solve a Disagreement.”
9. Ask staff for feedback on how well you are demonstrating the steps in your Target Skill areas.
10. I have read and understand the behavioral expectations for me in the Daily Phase and I am committed to meeting these expectations.

\*Participant Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

### ACHIEVEMENT

1. All behaviors of the Assessment and Daily System.
2. Make useful suggestions.
3. Be a positive role model.
4. Learn and use the SODAS problem solving process to work on issues that are identified by you and staff.
5. Demonstrate the skill of “Volunteering.”
6. Demonstrate the skill for “Disagreeing Appropriately.”
7. Demonstrate the skill for “Problem Solving.”
8. Demonstrate steps to Resist Peer Pressure, and utilize “Peer Reporting” as necessary
9. Select three (3) new Curriculum/Social skills with staff and/or your Counselor, and demonstrate them as agreed.
10. I have read and understand the behavioral expectations for me in the Achievement Phase and I am committed to meeting these expectations.

\*Participant Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_